



JANUARY

Newsletter

Glaslyn Central School

Indigenous Days of Significance

January 7th

-Ribbon Skirt Day

February

-Storytelling Month

March 31st

-National Indigenous Languages Day

May 5th

-Red Dress Day (MMIW Awareness)

May (TBA)

-Moose Hide Campaign

May 21-27th

-Saskatchewan Treaty Recognition Week

June

-Indigenous Peoples Month

June 21st

-National Indigenous Peoples Day

NO SCHOOL

January 1-3 & 31

SLC Spirit Days

10th

PJ Day

14th

Wacky Hair Day

22nd

Jersey Day

27th

Inside Out Day

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 No School	2 No School	3 No School	4
5	6 Day 5 <u>Classes Resume</u> Bball Practice 3:30-5	7 Day 6 Ribbon Skirt Day	8 Day 1 Gr 3-12 Games Club 3:20-4:45	9 Day 2 Bball Practice 3:30-5	10 Day 3 Free Pasta Lunch for <u>all students</u> Spirit Day-PJ Day	11
12	13 Day 4 Bball Game @ Turtleford	14 Day 5 <u>Milk Day</u> Spirit Day-Wacky Hair Day	15 Day 6 Gr 3-12 Games Club 3:20-4:45	16 Day 1 <u>Milk Day</u> Bball Practice 3:30-5	17 Day 2 No Hot Lunch	18 Gr 12 Coed VBall Tourney
19	20 Day 3 Bball Game @ Glaslyn	21 Day 4 <u>Milk Day</u> Gr 12 Cap & Gown Photos	22 Day 5 Gr 3-12 Games Club 3:20-4:45 Spirit Day-Jersey Day	23 Day 6 <u>Milk Day</u> Bball Practice 3:30-5	24 Day 1 No Hot Lunch	25
26	27 Day 2 Spirit Day-Inside Out Day	28 Day 3 <u>Milk Day</u> Gr 10/11 Math Exam 9AM <u>Gr 12 Regular</u> Classes All Day	29 Day 4 Gr 3-12 Games Club 3:20-4:45 Gr 11/12 Physical Science Exam 9AM	30 Day 5 <u>Milk Day</u> Gr 10/11 History Exam 9AM Last Day of Semester 1	31 No School	

Kindergarten Days are on Day 1,3,5

STAY IN THE LOOP!

Happening: Every Wednesday

Ms. Hamm & Mrs. Greening
are having a games club
every Wednesday from
3:20-4:45.

All grade 3-12 students are
welcome to join!

Community Calendars

Our grade 12 students
have tried to contact all
community members to
purchase a community
calendar.

If you would like to
purchase a calendar and
did not receive a call or
you changed your number,
please contact the school
at 306-342-2114 to order
a calendar.

Thank you!

Thank you to the following
for the donation of toys to
the grade 12 Toy Bingo
fundraiser:

-Faye Schick

-Matt & Joy Maess &
Eastern Sky Ag Consulting

Thank you to all the
businesses and community
members that donated
gift cards to the grade 12
Christmas Tree Raffle and
thank you to everyone who
purchased tickets!

FRIDAY HOT LUNCHES

For the month of January, we will not be having our regular hot lunches.

On Friday, January 10th there will be a FREE pasta lunch for all students. This will be supplied by and cooked by the SCC.

Friday January 17th & 24th there will be no hot lunch available for students. We will resume our hot lunches in February.

CANTEEN

GLASLYN CENTRAL SCHOOL GRADE 6-12 CANTEEN MENU OPEN MONDAY, WEDNESDAY, FRIDAY

MORNING BREAKS:

- COOKIES
- MUFFINS
- APPLE, ORANGE
- COFFEE BLACK
 - ADD CREAMER
- HOT CHOCOLATE



\$0.50
\$1.00
\$1.00
\$1.50
\$1.00

LUNCH SPECIALS: *FIRST COME FIRST SERVE*

- MONDAY - SOUP AND SANDWICH \$5.00
- WEDNESDAY - HOT LUNCH - TBD WEEKLY \$5.00

EXTRA LUNCH ITEMS:

- VEGGIE BAG & DIP
- KD CUPS
- PIZZA POP (2/PACK)
- CORN DOGS
 - 1 FOR
 - 2 FOR



\$1.00
\$2.50
\$2.50
\$2.00
\$3.00

SNACKS

- FROZEN YOGURT TUBES
- FRUIT CUP
- RITZ
- CHEESE STRINGS

\$0.50
\$0.50
\$2.00
\$0.50

This canteen is for grade 6-12 students. Parents can purchase canteen cards on school cash online or send cash/cheque with their child to purchase a canteen card at the office.

Cash is not accepted at the canteen for snacks, students must buy a canteen card.

Cash will be accepted for the lunch specials on Mondays & Wednesdays. They are \$5.00 each.

January Canteen Lunches

January 6th – Chicken Noodle Soup and a bun

January 8th – Hashbrown Casserole

January 13th – Stew & a bun

January 15th – Brooke away for Training

January 20 – Chicken Bacon Ranch wraps

January 22 – Pizza Buns

January 27 – Chili & a bun

January 29 – Taco in a bag

GR 10-12 FINAL EXAM SCHEDULE

Exam Schedule

Grade	Time	Monday January 27	Tuesday January 28	Wednesday January 29	Thursday January 30	Friday January 31
10	9:00	Regular classes	Math		History	No School
	12:30	Regular classes				No School
11	9:00	Regular classes	Math	Physical Science	History	No School
	12:30	Regular classes				No School
12	9:00	Regular classes	Regular classes	Physical Science		No School
	12:30	Regular classes	Regular classes			No School

Gr 10-12 ELA Projects are due Monday, January 27th.

When there are no exams scheduled students are not required to be at school. Students do need a permission form signed to leave after their exams. Permission forms will be sent home mid-January.

WELLNESS GREETING

HAPPY *New Year*

Hello all! It is hard to believe that it is 2025 already!

I hope you all had a restful and restorative break and were able to take some time to do something you enjoy.

To start out the year right, I wanted to share that January is considered Mental Wellness Month. Mental Wellness is something that we should work to maintain all year long, so I challenge you to establish and maintain a Mental Wellness routine as part of your New Year's Resolution. I know that this is an area that I need to work on too, so my New Years Resolution is to make time for routine self-care.

If you are stuck and need some ideas to get started, here are a few:

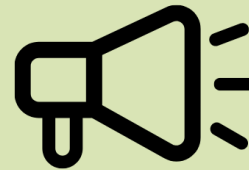
- Create Boundaries for School, Work, Home & Social Life
- Relieve Stress (Mindful Minute, Journal, Fresh Air, Physical Activity, Yoga, Get a Massage)
- Talk to someone, seek out counselling, and /or join a support group
- Make time to do something that you enjoy for at least 10 minutes each day
- Drink Water and try to incorporate more Healthy Foods into your diet.
- Get at least 7-8 hours of sleep each night
- Practice Gratitude Each Day
- Shut the Screens OFF

STUDENT WELLNESS TEAM

In the spirit of Mental Wellness Month, Mrs. Greening would love to start a Glaslyn Central School Wellness Team. The idea is to hear the students' ideas on how to improve the mental health and overall well-being of the students and staff at Glaslyn Central School. We will have one/two meetings a month and volunteering as needed. The wellness team is looking for participants from Grades 6-12 who want to help make a difference in their school. Please see Mrs. Greening after the Christmas break if you are interested in joining!!

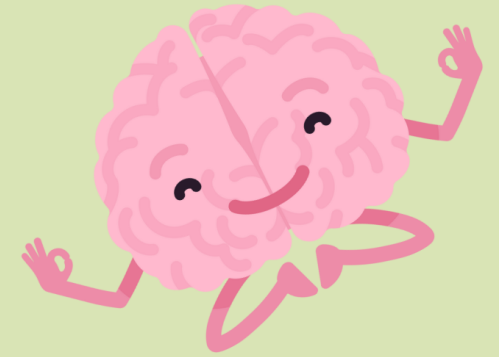
Student Wellness Team

Your Voice Matters!



Anyone in Grades 6-12 who would like to help improve the mental health and well-being of Glaslyn Central School please see Mrs. Greening to join the Student Wellness Team!

1-2 Lunch hour meetings /Month
Volunteering to help throughout the month as needed.



THANK YOU!

We are very grateful to have been selected to receive \$1000 donation from FCC to use for our School Breakfast Program.

#DriveAwayHunger



IMPORTANT

Medical Reminder

If your child requires an epi-pen, medicine or has medical needs you **MUST** complete the appropriate forms. You can find the forms online at www.nwsd.ca by searching AP 316-1 or you can come to the office to complete the form.

Breakfast Program

Mrs. Lockhart will have a hot breakfast item available every Monday, Wednesday, Friday from 8:40am-8:55am. This is available for all students, and it is free.

Locker Locks

Students are allowed to bring their own lock for their locker if they would like. The school does not provide locks.

Vending Machine

For grade 4-12 students only.

Nut Aware School

Please note we are a nut aware school as there are severe allergies in the building.

Hat Policy

Grades 6-12 students may wear hats daily. Grades K-5 can pay \$1.00 to wear a hat on Fridays. All funds raised go towards the breakfast program. This policy may change throughout the year.

Bus Video Cameras

The Division believes the use of video cameras on school buses will enhance the safe operation of its school buses. Video cameras will enable school bus drivers to focus on the safe operation of the bus while improving student passenger identification procedures for disciplinary, medical emergency and other related purposes. Not all NWSD buses are equipped with video cameras, those that are, have signage at the front and back of the bus.

Attendance

If your child(ren) will be missing school, please let the office know or use the Edsby app. We can be reached by phone at 306-342-2114, or text 306-342-7144.

Student Pick Up/Drop Off

When dropping off and picking up your child(ren) before and after school, please park in front of the chain link fence or across the street from the fence to ensure the safety of all. Thank you for your understanding!

Parent/Guardian Volunteers

If you are wanting to volunteer for any sports or events throughout the school year you will be required to fill out a volunteer package and complete a criminal record check. Please stop by the office to pick up the volunteer package before getting your criminal record check.